



Belwest Foxes Soccer Club Inc.



Est. 1982

PO BOX 155 Kippax ACT 2615

ABN 504 318 07345

www.belwestsoccer.com



Coaches and Managers Information

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The full Coaches and Managers Handbook can be found for viewing or download on the Belwest website
www.belwestsoccer.com



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2017 Committee Office Bearers

Position	Name	Mobile No.	E-Mail Address
President	Matt Pole	0407 825 914	president@belwestsoccer.com
Vice President – Operations	Andrew Ross	0450 960 108	vicepresident@belwestsoccer.com
Treasurer	<u>Vacant – please apply</u>		treasurer@belwestsoccer.com
Secretary	Renee Osburne	0418 977 834	secretary@belwestsoccer.com
Player's Registrar	Toni Dodd	0409 910 412	rego@belwestsoccer.com
Equipment Officer (incl. Playing Strips)	Steph Donnelly	0408 180 280	equipment@belwestsoccer.com
Junior League Coordinator	<u>Vacant – please apply</u>		juniors@belwestsoccer.com
Communications Officer	Sean McCaffrey	0466 444 446	businessandcommunity@belwestsoccer.com
Women's League Coordinator	Kerrie Murray	0407 049 955	womens@belwestsoccer.com
Men's League Coordinator	Dan Egan	0411 401 079	mens@belwestsoccer.com
Referee Coordinator	Ben Naughton	0412 975 835	referees@belwestsoccer.com
Coaching Director	Harry Leins	0405 845 156	coachingdirector@belwestsoccer.com

Support Positions

Position	Name	Mobile No.	E-Mail Address
General Information	Toni Dodd	0409 910 412	info@belwestsoccer.com
Technical Director	Ryan Schroder	0447 068 529	technicaldirector@belwestsoccer.com
Fundraising / Sponsorship Coordinator	Sean McCaffrey	0466 444 446	businessandcommunity@belwestsoccer.com
MiniRoos Coordinator	<u>Vacant – please apply</u>		minirooms-coord@belwestsoccer.com
Players Registrar – MiniRoos Preschool, Kindy, Under 7 & Under 8	Emma Georgiou	0439 040 817	registrarpeewee-8@belwestsoccer.com



Position	Name	Mobile No.	E-Mail Address
Players Registrar – Under 9 to Under 11	Bec Colson	0404 905 079	registrar9-11@belwestsoccer.com
Players Registrar – Under 12 to Under 18	Tracy Kennedy	0402 779 074	registrar12-18@belwestsoccer.com
Points Registrar (Junior Match cards)	Collin Howell	0418 528 442	points-registrar@belwestsoccer.com
Referee Allocations & Administration	Peter O'Brien	0407 246 167	referees@belwestsoccer.com
Ground Bookings / Fixtures	Brian Golledge	0422 630 665	groundsfixtures@belwestsoccer.com
Grounds / Fixtures Saturday morning set up	Adrian Dodd Brian Golledge	0409 910 412 0422 630 665	groundsfixtures@belwestsoccer.com
Events Coordinator	<u>Vacant – please apply</u>		events-coord@belwestsoccer.com
BBQ Coordinator	Shaun Comber	0418 264 654	bbq-coord@belwestsoccer.com
Canteen Coordinator	Taryn Powick	0431 939 859	canteen-coord@belwestsoccer.com
Merchandising	<u>Vacant – please apply</u>	9-12:30pm Sat	merchandise@belwestsoccer.com
Website	Collin Howell	0418 528 442	web-man@belwestsoccer.com

Coaches and Managers General Familiarisation

Coaches and Managers should be familiar with the [FIFA Laws of the Game 2016/2017](#) and Capital Footballs [2017 Competition Regulations](#) that apply to their players and team.

Equipment return for end of season

Return of all your equipment on 16th September 2017, 9:00am – 12:00pm at Latham Oval

Make sure that all equipment is returned washed – bibs, shirts etc.

Note: Any team not returning equipment will not have trophies available at your presentation.

All equipment that is required for return is listed in the front of your coaches and managers folder

Belwest Junior and Senior Presentation Dates

MiniRoos Preschool – Under 9 – will be held after your game at Latham Saturday September 9th 2017 – Times to be advised at a later date

Juniors Under 10 – Under 18 – Belconnen Labor Club Wednesday September 20th 2017 – Times to be advised at a later date



Seniors Men and Women – Belconnen Labor Club Friday September 22nd 2017 – Times to be advised at a later date

Coaching Resources

Belwest's Director of Coaching has been busy organising coaching material for different age groups to help with training sessions.

- ⚽ Skill Set Warming Up
- ⚽ Skill Set Basic Skills
- ⚽ Skill Set Getting Started U5 - U9
- ⚽ Skill Set Peewee, U6 to U8 Part 1
- ⚽ Skill Set Peewee, U6 to U8 Part 2
- ⚽ Skill Set Peewee, U6 to U8 Part 3
- ⚽ Skill Set Peewee, U6 to U8 Part 4
- ⚽ Skill Set U10+
- ⚽ Skill Set Goalkeeping Coaching
- ⚽ Skill Set Essential Rules Free Kicks
- ⚽ Individual Skills
- ⚽ Drills for Passing and Control
- ⚽ Set Pieces for U11 and above
- ⚽ Tactical Sessions for U11 and above
- ⚽ Speed and Agility
- ⚽ Specific Core Training for Contact Sports
- ⚽ Sports Specific Core Training

These documents can be downloaded from the Belwest website. www.belwestsoccer.com.

Keep an eye out for more resources in the future

Draws and Tables

MiniRoos Under 7 – Under 9

A copy of your draw is placed in your folder for Under 7 – Under 9. Draws can also be found on the Belwest website www.belwestsoccer.com

Juniors Under 10 and above age groups

Fixtures and Results can be found on the SportsTG website

http://websites.sportstg.com/assoc_page.cgi?c=0-8284-0-0-0&a=COMPS&seasonID=5415114

Belwest will endeavour to advise Coaches and Managers of any changes in your draws, but please check the Capital Football website regularly.

2017 Referee Fee Schedule Under 10 – Under 18

Referees and Assistant Referees

It is the desire of all clubs to have referees appointed for all games, sometimes this is not the case and you may find that there is no referee appointed to your game. Should a referee not be in attendance, then the



visiting team has first choice in nominating a referee, it is important that a referee is decided upon by mutual agreement of both Managers. This referee then assumes full control as if he/she is a fully qualified referee. This rule also applies when playing away, and we assume the visiting role so please ensure that whoever referees is competent as it is in your team's best interests.

Note: The Coach or Manager is the only person allowed to approach a referee.

It is hoped to provide qualified Assistants for all Division One games at home. Sometimes this is not possible, and you may be asked to provide an Assistant prior to kick off. The volunteer must check with the referee as to what he/she is to do. There are courses specifically designed for people who only wish to be Assistants, if you are interested, and it is in your best interest to have as many qualified people with you as possible, check with the club for the next course dates.

When playing at home the Referee and Assistants are paid half the stated fee by the Club. When Belwest teams play away the Manager must pay half the stated fee to the Referee and Assistants for all games. If you have to pay fees then you make a claim to the Club for Reimbursement. Claims must be made on a claim form and may be collected from the canteen. Only officially appointed Referees and Assistants are entitled to be paid half the stated fee, if teams are lucky enough to have a referee and two assistants, all are paid half the state fee.

Referees and Assistant Referees at Junior Games shall be paid prior to the commencement of the game, with each competing team liable for half the fee(s) due.

Age Groups	Game Referee \$	Assistant Referee \$
Under 18	\$48.00	\$24.00
Under 16	\$42.00	\$21.00
Under 15	\$38.00	\$19.00
Under 14	\$34.00	\$17.00
Under 13	\$30.00	\$15.00
Under 12	\$26.00	\$13.00
Under 11	\$16.00	\$0.00
Under 10	\$14.00	\$0.00

Note: You only pay half of the stated fee.

Players Equipment

Wearing of Skins and Tape for Socks

Shorts – if undershorts or tights are worn, they must be the same main colour as the shorts' – (black shorts, black undergarments).

Socks – tape or any material applied or worn externally must be the same colour as that part of the sock it is applied to or covers (black socks, black tape. white socks, white tape.) Page 41 – [FIFA Laws of the Game 2016/2017](#) Edition

Players wearing Jewellery and Earrings

The Capital Football Junior Standing Advisory Committee (JSAC) has asked that the following reminder be sent to all clubs in preparation for the 2017 season. The reminder is in regards to jewellery in particularly players who decide to have their ears pierced during the season. As per the FIFA Laws of the Game 'A player must not use equipment or wear anything that is dangerous to himself or another player (including any



kind of jewellery)'. This includes earrings that are taped up. Please ensure that all players are aware at the point of registration that if they get their ears pierced during the season then they may not be allowed to participate unless it is removed. Persons who have access to MFC can in the 'terms and conditions' section can write a small clause regarding club's expectation on jewellery to avoid any parental disputes during the season.

Playing Strips Policy

All teams will play in the approved Belwest Playing Strip provided. Playing in an unapproved strip places Belwest in contravention of Capital Football policy and the Club will be subjected to penalties. Belwest takes pride in the strip provided and can find no reason why, when joining Belwest, a team should need to play in a strip that does not represent Belwest and its policies.

It is the player's responsibility and compulsory for all Belwest team members to be dressed in Belwest playing uniform for all games.

All Junior players Under 7 – Under 18 play in white shorts with Belwest logo and red/white socks with Belwest embroidered on the side.

All Senior Mens teams including Masters Men, play in all white shorts with Belwest logo on the leg and Belwest Socks and all Senior Women's teams play in all red shorts with Belwest logo and Belwest socks.

Game Times

MiniRoos Duration of Games and Starting Times

Age	KO Time	Duration	Belwest Goal Size
Preschool (Under 5)	9.45am	15min Halves	1.2m(w) x 0.7m(h)
Kindy (Under 6)	10.30am	15min Halves	1.2m(w) x 0.7m(h)
Under 7	9.00am	15min Halves	1.8m(w) x 1.3m(h)
Under 8	9.45am	20min Halves	3.6m(w) x 1.8m(h)
Under 9	10.35am	20min Halves	3.6m(w) x 1.8m(h)



Under 10 to Under 18 Duration of Games and Starting Times

Age	Competition	KO Time	Duration	Players	Ball	Field	Belwest Goal Size	Squad Size
Under 10	CF - without Tables	11.30am	25min Halves	9 v 9	4	1/2 Full Field	4.6m(w) x 1.8m(h)	12
Under 11	CF - without Tables	12.30pm	25min Halves	9 v 9	4	1/2 Full Field	4.6m(w) x 1.8m(h)	12
Under 12	CF - with Tables	1.45pm	30min Halves	11 v 11	4	Full Field	Full Size	16
Under 13	CF - with Tables	12.30pm	30min Halves	11 v 11	4	Full Field	Full Size	16
Under 14	CF - with Tables	1.45pm	35min Halves	11 v 11	5	Full Field	Full Size	16
Under 15	CF - with Tables	3.10pm	40min Halves	11 v 11	5	Full Field	Full Size	16
Under 16 Open	CF - with Tables	3.10pm	45min Halves	11 v 11	5	Full Field	Full Size	16
Under 16 Girls	CF - with Tables	3.10pm	40min Halves	11 v 11	5	Full Field	Full Size	16
Under 18 Open	CF - with Tables	3.10pm	45min Halves	11 v 11	5	Full Field	Full Size	16
Under 18 Girls	CF - with Tables	3.10pm	40min Halves	11 v 11	5	Full Field	Full Size	16

Players wishing to play up

It is Belwest Foxes Soccer Club Inc. policy that all players play in their correct age groups. Players can play a minimum of one year above their age group, however, any player wishing to play more than 2 years above their respective age group requires consultation with the players' registrar and approval from the Belwest Committee and provide a formal request to Capital Football (See [2017 Competition Regulations](#), Rule 2.5.6). This applies to all age groups: MiniRoos – Under 5 to Under 11; Competitive Under 12 – Under 18; and any junior wishing to play Men's or Women's league soccer. Committee approval is required for any team wishing to train against a team where the opposition team has an age difference of 3 years or more.

Capital football rules and regulations for players wishing to play down

See [2017 Competition Regulations](#), Rule 2.5.2 – The age group in which a player is eligible to play shall be determined by his/her age at the beginning of the first day of January of the year of play. For example, a player who will turn 13 years old between 1 January and 31 December (inclusive) in that year is classified as an Under 13 player. Females playing in mixed gender teams may register for a team in an age group that is one (1) chronological year below their actual age group. No player shall play in any age group below his/her actual age group, except with the permission of the Junior League Administrator (JLA). In considering requests for exemption from this rule the JLA will apply principles including disability or impairment, that there is no unfair advantage to the club requesting the exemption and no team shall be permitted to play more than two overage players.

